



Version 2 – October 8, 2020

Coniston Curling Club RETURN TO PLAY GUIDELINES



Coniston Curling Club
67 4th Ave, Coniston, ON P0M 1M0
Telephone: 705.694.4296
E-mail: info@curlconiston.ca
Facebook: Coniston Curling Club



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Message from our President

Pamela Patry
Interim President
Board of Directors
Coniston Curling Club

On March 16 2020, in the midst of the start of a global pandemic, we cut our curling season short. A decision that was a very difficult one to make, but the right one at the time.

With so much uncertainty over the last few months as to what the future of curling will be going forward, I am pleased to share Coniston Curling Club's plan to return to play this fall.

I want to reassure all of our members, and other user groups that we are making every effort for your safe return this this coming curling season. These Return to Play Guidelines will be updated as information, and direction changes from NOCA, Provincial Government and Public Health, please check the version number.

Yes, there will be some changes in the way we operate CCC. Many of these changes will reflect the new reality of a post COVID-19 world. I truly believe with this plan for your safe return that Coniston Curling Club will continue to be a fun, safe, and welcoming place for all of our valued members and users alike.

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Contents

Curler/Staff Hygiene	2
Building Safety (Cleanliness)	3
Food & Beverage	5
Curling Stage 2 Option	6
Curling Stage 3 Option	8
Appendices	10
Appendix #1: Know the facts about COVID-19	
Appendix #3: COVID-19 Declaration (Form)	
Appendix #4: Waiver - Age of Majority	
Appendix #5: Assumption of Risk – Under Age Of Majority	



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Curler/Staff Hygiene & Safety

Curlers (members/renters/casual users) and staff/management must follow the following safety practices

- All members, renters, casual users and staff/management must sign a Declaration of Compliance and Waiver or Assumption of Risk at the start of the season. See *Appendix 2 & 3*. This will be part of your registration process.
- Keep your hands clean. Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer if soap and water are not available. Sanitizing stations will be placed throughout the club
- Please self-screen, if you have symptoms, stay home. See Appendix 2
- Avoid touching your eyes, nose and mouth,
- Cough or sneeze into your inner elbow.
- Avoid touching high-contact surfaces that people touch often.
- Only touch your own 2 stones during your game – do not switch stones or raise the stone of the other team.
- Please come to the club dressed for curling, locker rooms will be for storing your outdoor wear only, not for changing.
- Water jugs will NOT be available, please fill your own water bottle at home, or you may purchase a disposable water bottle from the bar, the men's change room will be gender neutral this year to increase the physical distancing in the locker rooms.
- No pre/post game handshakes. Friendly head nod or broom taps are recommended.
- Pay close attention to league schedules as game times, sheets assignments may be altered to adhere to distancing.
- All Club members and visitors must respect this plan, it will be enforced by Staff & volunteers (i.e. league conveners, bar staff, Board Members).
- Use of masks by all members, renters, and casual users is mandatory on and off the ice.
- Be patient and courteous, as we are all going through this together. Harassment of any kind to staff or volunteers will not be tolerated.

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Building Safety (Cleanliness)

Coniston Curling Club will be taking the following measures to ensure the safety of all members, renters, casual users and staff/management.

- Undertake a full building clean prior to start-up.
- Hire cleaning staff, either in house or contracted.
- Provide the cleaning staff with necessary facilities and cleaning products to maintain a clean and safe environment.
- Clean and disinfect high-touch surfaces and areas daily. Keep a log of cleaning activity.
- Provide hand sanitizing dispensers in prominent locations (entrance, exit, ice arena, washrooms, and bar).
- Map out distancing with signage both for the ice arena and lounges, please follow direction of traffic.
- Provide staff with PPE recommended by the occupational health and safety guidelines. Train staff to ensure proper use.
- Maximum of 4 people per table in the lounge, tables and chairs are NOT to be moved. Tables will be cleaned between uses.
- Club brooms, sliders, delivery sticks and sliding aids will be available. They will be disinfected after each use.
- Sanitizing wipes will be available on the ice for each team to clean their own rocks.
- Disinfecting wipes will also be available if any member wishes to additionally wipe down their own table, broom, high touch areas, etc.
- All (members, renters and casual users) must assign one person/team to sign in to the club tracking book prior to each draw with names and emails or phone numbers of their team line-up for that day. Coniston Curling Club will keep this information indefinitely and share the content with Public Health Sudbury & Districts if contact tracing is required. This is a requirement of the Emergency Management and Civil Protection Act.

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New COVID Requirements for Coniston Curling Club

- Curlers will enter and exit from the main doors – please watch for individuals at the door for traffic – people entering the building will have the right of way at the door and on the stairs.
- A maximum of 50 individuals are permitted in the lounge area at a time, please ensure physical distancing from other members at all times.
 - **All league curlers** will enter the club and immediately go downstairs using the stairs that previously entered the men's locker room. This locker room for this year will be designated for all curlers to access. League members can store outdoor clothing in either the gender neutral change room (previously men's change room) or the ladies change room (ladies only). You will then come up the stairs to enter on the ice surface at the door to sheet one. Please wait for your game in the change rooms maintaining physical distance from other curlers, and do not enter the lobby before your game. Please arrive no more than 10 minutes before your scheduled game time.
 - Non-league curlers, will immediately enter the lounge and will keep their personal belongings in the lounge area.
- The washroom in the men's locker room (washroom with shower and sauna) will be closed this season due to Covid-19. The men will use the washroom in the main hallway, the women will use the washroom off their locker room, and the washroom at the entrance to the ice will be gender neutral.
- There will be one entry door only to the arena. Sheet One
- There will be one exiting door only from the arena. Sheet Four.
- Two hours are allotted for all curling games. No new end will begin after 1 hour and 45 minutes for an 8 end game or 1 hour 15 minutes for a 6 end game. This will be strictly enforced. No extra end games will be permitted.
- A minimum of half an hour break between draws will be in place for all leagues – do not arrive early to see if there is an empty sheet – all games will begin at designated time.
- Sheets two and four will begin their game from the away hacks, sheets one and three will begin their game at the home hacks.



Version 2 – October 8, 2020

Game Play

- **Non-Delivering Team:** The two sweepers of the non-delivering team should be positioned on the marking while the other team is throwing. The player of the non-delivering team whose turn it is next to deliver should be positioned at hogline on the same side as the two sweepers. The Skip (or Vice-Skip) will stand on the backboards but no closer than the hack.
- **Delivering Team:** The Skip has control of the house. The player whose turn it is to deliver is in the hack. The non-sweeping player is on the backboards. The sweeping player is at the T-Line.
- Once the stone has been released, the player who delivered the stone proceeds down the centre line of the ice until the halfway point to the marking or to the hog line if it is their turn next. After the stone comes to rest, the sweeper proceeds to the halfway markings. The non-sweeper travels to the halfway mark or the hog line depending on their turn to deliver or not
 - Distancing and standing marks will be laid out on the ice.
 - A video of the delivering team and non-delivering team is available on our website.
 - The skip or vice-skip not in control of the house must stand at the hack until the opposing skip or vice-skip has finished.
 - Only one person in the house at any time. You cannot sweep an opponent's stone past the tee line if they are still occupying the house.
 - Curlers are asked to sanitize their stones at the start of their draw.
 - Players must throw the same stones during the whole game. No exchanging stones once you have selected your two rocks.
 - Only one sweeper can be used per shot. Switching of sweepers or "relay" sweeping will not be permitted during a shot.
 - No extra ends in any leagues. All leagues will allow ties.
 - Scoreboards will be used by ONE vice only. The designated vice will be responsible for putting up the score for both teams. This designated person will also be required to wipe down the numbers with decontamination wipes at the end of the game.
 - Measuring devices will not be used. If consensus cannot be reached between the two teams, the stones in question will cancel each other out or the end will be considered a blank.



Version 2 – October 8, 2020

Beverages & Bar

- A member of each team will be required to wipe your table prior to sitting down. Tables will be numbered by sheet number.
- A maximum of 4 people per table.
- Tables and chairs are NOT to be moved from their location.
- Please return all cups, beer bottles, pitchers to the cart located to the right of the bar.
- Please respect flow of traffic to order from the bar, maintain 2 m of distance between all individuals.
- Please consider paying with debit/credit when possible.

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Curling Schedule

The following will outline the proposed schedule of leagues should we return to Stage 2

- Monday
 - potential carry over date for open league if registration requires
- Tuesday
 - Club Amicale - morning
 - Squad Seniors - afternoon
 - Open League - evening
- Wednesday
 - Pensioners - morning
 - Little Rocks - evening
 - Juniors - evening
- Thursday
 - Open League - evening
- Friday
 - Mixed League - evening
- Saturday
- Sunday
 - Learn To Curl - evening

All Skips are asked to attend a pre-season meeting to review these guidelines and review the layout of the club. Skips or their designate are asked to review with their team members

Appendices

Appendix #1: Know the Facts about

COVID-19 Appendix #2: COVID-19

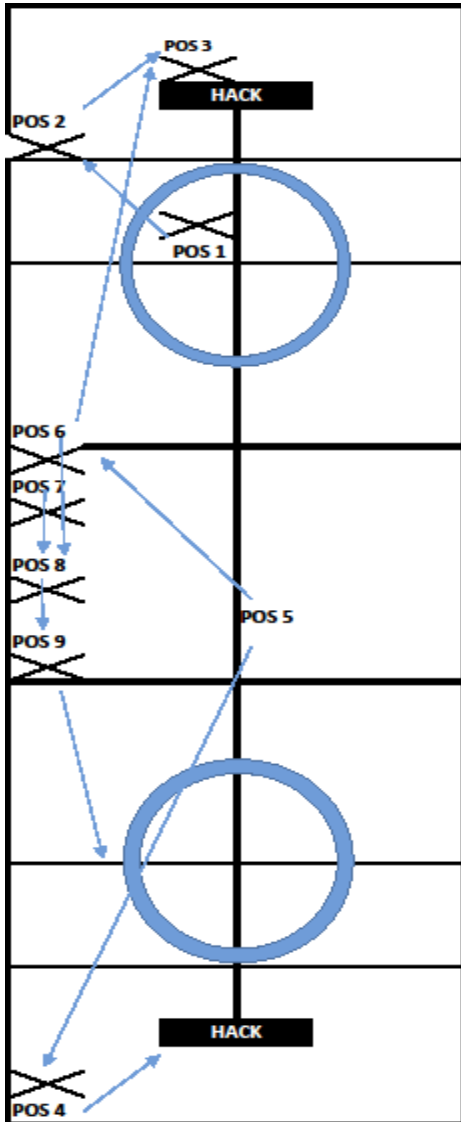
Declaration (Form) Appendix #3: Waiver

- Age of Majority

Appendix #4: Assumption of Risk – Under Age Of Majority

Appendix #5: Play of Rotation





- Pos 1 Control of the house: moves to POS 2
- POS 2 Wait area for ofther skip to take
POS 1, moves to POS 3
- POS 3 Non Control of the house: moves to
POS 1
- POS 4 Wait area to throw: moves to hack
- POS 5 Finish thowing area: moves to POS 4
if throwing again, If finished
throwing moves to POS 6
- POS 6 Finish thorwing waiting to sweep, or
replace skip in house controls:
moves to POS 3 or Pos 8
- POS 7 Finished sweeping area: moves to
- POS 8 Waiting to sweep area: moves to
POS 9
- POS 9 next to sweep: move tee line.

**All Travel will be done on the North side
of the sheets**

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